Winter’s Final Curtain Call!

A mid March winter storm blanketed the North Jersey area with up to 16 inches of snow. Clifton and surrounding communities reported 12 to 14 inches. The late winter blast forced travel delays, flight cancellations and school closings for not one but two days followed in most districts by a delayed opening. Pictured are a few of those who took advantage of the time off and took to the hills for a final ride of the season.

Continued on Page 8
**Around Town Community Calendar...**

We want to help your events to be successful! If you belong to a group or community organization, send us your information and news. We will include them in our Around Town Community Calendar. Send your event information via e-mail to: info@cliftoninsider.com. Please note, all submissions must include the name of the sponsoring organization, the date, time, and location of the event, and a person to contact for more information regarding the event!

**Young at Heart Club** • The Young At Heart Senior Club Will Meet The First and Third Tuesday of the month at the fellowship hall of The First Presbyterian Church on Maplewood Ave. at 12:00 pm. Refreshments will be served from 10:30 am to 12:00 pm. The next meeting of The Young At Heart Club will be held on Tuesday March 21st. Come socialize, make new friends and play bingo. All are welcome to join the club. Be a guest for the day or go on our trips. Coming Trips For 2017: 1. Friday April 7th, 2017: Tastefully British Luncheon at The Masonic Lodge in Clifton, NJ. Choice of fish & chips or chicken. 2. Tuesday May 9th, 2017: Villa Roma in Callicoon, NY. “Tribute to The Platters”. 3. Monday June 19th, 2017: Doolan’s in Spring Lake, NJ. A Mike Byrne Production of The Heavenly Concert-Elvis & Patsy Cline. 4. Wednesday September 13th, 2017: Mt. Lakes, NJ. Carnival In Venice at the Mansion. Fun songs & Italian food. 5. Thursday October 12th, 2017: Hunterdon Hills Playhouse. Neil Simon’s Hilarious Comedy “Come Blow Your Horn”. 6. Thursday November 9th, 2017: The Castle in Pequannock, NJ presents “Rockin In The 50’s” show. 7. Monday December 4th, 2017: Hunterdon Hills Playhouse. Our Festive Holiday Revue “A Playhouse Christmas 2017”. All trips leave from the Masonic Lodge at 1484-1510 Van Houten Ave. For more information & ticket prices call Lillian @ 973-779-5581.

**Flapjack Breakfast** • St. Philip Columbiettes Auxiliary #11671 is hosting a flapjack breakfast on Saturday, March 25, 2017 at Applebee’s, 375 Route 3 East, Clifton, NJ from 8-10am. Meal includes pancakes, sausages, scrambled eggs, and a beverage. Cost is $11 (adults) and $7 (children 10 and under). Proceeds from this event will support our various ministries and outreach contributions. For tickets, call 973-471-1265. Tickets will be sold at the door.

**East Jersey Trout Speaker** • East Jersey Trout Unlimited, 33 W. Passaic St. (American Legion Hall), Rochelle Park, NJ Speaker for it’s Wednesday night April 12th meeting is Ken Tutalo whose topic is “Hunting Trophy Browns with Streamers”. Ken will discuss fly fishing with streamers and cut the confusion with the huge streamer craze. He will outline how Baxter House guides consistently put guests on huge trout. Ken will also provide an understanding of what flies to use and the proper times and locations to tie them on. The meeting starts at 7:30, admission is free. For further information contact ChristopherHenrixson at 347-581-6361.

**Fly Fishing Class** • East Jersey Chapter Trout Unlimited are conducting a Fly Fishing Class Tuesday nights beginning 3-28-17 thru 5-16-17 from 7pm to 10pm at a cost of $80. Classes are at West Brook Middle School, 560 Roosevelt Blvd., Paramus, NJ. All equipment is provided. Students with their own fly fishing equipment are encouraged to bring them. All instructors are East Jersey Chapter Trout Unlimited volunteers and experienced fly fishermen. Enroll online at the Paramus Community School: www.ssreg.com/paramus/classes/classes.asp?catID=2047&pcatID=1153.

**Mah Jong Group** • The Clifton Library is offering a MAH JONG Group for 2017. The group will meet at Main Memorial Library from 12:00-2:30PM on Friday April 28. We would appreciate anyone experienced in playing Mah Jong to assist the beginners. The Main Memorial Library is located at 292 Piaget Ave.
## Upcoming Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>Clifton Association of Artists Celebrates the Centennial Through Art</td>
<td>March 8 – April 11</td>
<td>Clifton Arts Center, City Hall Complex</td>
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<td></td>
<td>Reception: March 11, 1-4pm</td>
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<tr>
<td>Allwood Woman’s Club Celebrates Clifton Centennial</td>
<td>April 15—May 15</td>
<td>Allwood Library Showcase</td>
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<tr>
<td>Clifton’s 100th Birthday – Opening of the Time Capsule</td>
<td>April 26, 2017</td>
<td>Clifton City Hall</td>
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<tr>
<td>Theater League of Clifton presents a Rodgers and Hammerstein Musical Review: Some Enchanted Evening</td>
<td>May 5, 6, 7, 12, 13, 14</td>
<td>Theater League of Clifton, 199 Scoles Ave</td>
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<tr>
<td>Masquerade Cocktail Party</td>
<td>May 2017</td>
<td>TBA</td>
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<tr>
<td>Centennial Parade</td>
<td>May 21, 2017</td>
<td>Streets of Clifton</td>
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<td>Clifton Garden Club Trip to Laurelwood Arboretum</td>
<td>June 3, 2017</td>
<td>Wayne</td>
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<tr>
<td>Clifton Night Market</td>
<td>Spring/Summer</td>
<td>TBA</td>
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<tr>
<td>Clifton Night at the Jackals</td>
<td>Summer 2017</td>
<td>Yogi Berra Stadium</td>
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<td>9/11 Memorial &amp; Museum</td>
<td>Summer 2017</td>
<td>NYC</td>
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<tr>
<td>Yankees Game &amp; Mets Game</td>
<td>Summer 2017</td>
<td>NYC</td>
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<tr>
<td>Concert Series</td>
<td>Summer 2017</td>
<td>TBA</td>
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<tr>
<td>West Point Band</td>
<td>August 9, 2017</td>
<td>Clifton</td>
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<tr>
<td>Bus/Ferry Trip to Ellis &amp; Liberty Island</td>
<td>September 23, 2017</td>
<td>NYC/NJ</td>
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<tr>
<td>Clifton Scavenger Hunt</td>
<td>Fall 2017</td>
<td>Clifton</td>
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<tr>
<td>Centennial Gala</td>
<td>November 30, 2017</td>
<td>Valley Regency</td>
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</tbody>
</table>

## HOUSE CALLS

### I Make House Calls. . .

JEFFREY POMPEO, ESQ.
DiFrancesco Bateman
jpompeo@newjerseylaw.net

Contact me to meet in your home or
Clifton, 1200 Rt. 46 West, Suite 130 - 973-458-9174
Warren, 15 Mountain Blvd. - 908-757-7800
Newton, 61 Spring Street, Suite A-2

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Bliss, Clifton’s Hot Night Spot is in the headlines once again. If you remember, Bliss was the scene of a near riot in August of 2016 when between 1,000 and 1,500 patrons were denied entrance to the club after the club reached their maximum 500 capacity. Clifton police along with aid from surrounding police departments and the Passaic County Sheriff’s office were called in and found it necessary to use teargas to put down the uprising. As a result of the incident the Clifton City Council put a six-month probation on Bliss’ entertainment license (which is currently under review.) Motivated by the Bliss experience, the city council also prohibited “teen nights” all across the city. This latest disturbance resulted from patrons being turned away because of adjustments to accommodate daylight savings time. The crowd became unruly and tore the doors from Bliss’ entrance. The melee ensued and police from Clifton, surrounding communities and the Passaic County Sheriff’s Office were needed to restore order. Arrests were made, including one for carrying a concealed weapon and hollow point bullets. Area residents and neighboring business owners have made statements about unruly patrons of the ultra popular nightclub. The question now remains what will the city fathers do to rectify the current situation surrounding Bliss?

The Passaic County Regular Republican Organization under the leadership of Chairman John Traier, held their annual Lincoln Day dinner at the newly opened Cosmopolitan on Route 23 in Wayne. The dinner paid tribute to all current republican elected officials throughout Passaic County. Among those honored was Clifton’s longstanding Mayor, James Anzaldi, who has served as Clifton’s Mayor for over 26 years and was first elected to the Clifton City Council in 1978. Candidates and party faithful alike gathered for the gala event . . . While on the GOP, the 40th legislative district has proven a point of contention that is undermining any moves toward a unified party. Come the June primary there will be a battle with Bergen County Chairman and candidate for Senate Paul DiGaetano getting the party line in Bergen County and Passaic County Clerk Kristin Corrado getting the line in Passaic County.

Woodland Park Mayor Keith Kasmark has launched his bid for re-election as Woodland Park’s mayor. Kasmark is in his second term.

St. Philip’s Knights of Columbus under the leadership of Sir Knight John Filipone have once again entered into partnership with Anthony’s Coal Fired Pizza, located in the Promenade Shops on Route 3 in Clifton to help raise funds for Citizens with Special Needs and Disabilities. The event will take place on Tuesday, April 4th. 20% of purchases made throughout the day, lunch, dinner and also take out will be (excluding tax and tip) will be donated to the Knights to benefit Citizens with Disabilities. The donations will go to organizations based in Clifton. John is a dedicated volunteer who puts his heart and soul into helping the disabled. Be sure to stop by and enjoy some of the best food in town and support a great cause at the same time.

Besides the first day of Spring, St. Patrick and St. Joseph’s day, March is also Women’s history month. A time to celebrate women and the irreplaceable role they play in life as we know it. Sometimes what was thought to be
The Jersey Insider • March 2017 • Page 4

Ride-Hailing Companies Now Regulated by New Jersey Law

BY JEFFREY W. POMPEO, ESQ.

“Online transportation network companies,” like Uber, Lyft and Wingz (commonly referred to as “ride-hailing companies” or “car hire services”) which use a digital network (such as a mobile app or mobile website) to connect a rider to a driver for a “prearranged ride” using the driver’s own car in exchange for a fee, are now regulated under New Jersey law. The law takes effect on May 1, 2017.

A “prearranged ride” does not include, and the law does not apply to, an autocab, taxi, limousine, autobus, jitney, motor bus or other vehicle for hire.

The Company

In order to obtain a permit to operate, a transportation network company (“the company”) must pay an initial and annual fee of $25,000 and provide the New Jersey Motor Vehicle Commission with:

- Proof of insurance as specified in the law
- Proof that the company is registered as a business in New Jersey
- A copy of the company’s zero tolerance policy on the use of drugs and alcohol “that may impair a … driver while … providing a prearranged ride or while the driver is logged on to the … digital network …”
- A copy of the company’s policy of non-discrimination with respect to riders and potential riders on the basis of destination, race, color, national origin, religious belief or affiliation, sex, disability, age, sexual orientation or gender identity, and • A description of how the company will conduct criminal background checks.

Under New Jersey law, a company is not permitted to impose an additional fee to accommodate a person with a physical disability.

Investigation

A company already operating in New Jersey has six months from the effective date of the law to obtain approval from the New Jersey Attorney General regarding the method the company proposes to conduct a criminal background check for an existing driver or new applicant.

As to existing drivers, the company has 30 days from the effective date of the law to conduct a driving record check which includes driving violations and status. The same inquiry must be conducted by the company before allowing a new applicant to provide a rider with a prearranged ride. The law prohibits individuals from serving as drivers if they have been convicted of certain crimes; if they have more than three moving violations in the prior three year period or certain other violations.

The new law also contains details concerning the company’s obligation to conduct a Social Security number trace that identifies the applicant’s address for seven years prior to the date the application is received by the company. In this regard, the applicant must provide three out of eleven documents, including driver’s license; utility or credit card statement; current lease or rental agreement; passport, etc.

That New Jersey is the 36th state to enact a ride-hailing law.

Jeffrey W. Pompeo, Esq. is an attorney with the law firm of DiFrancesco, Bateman, Kunzman, Davis, Lehrer & Flbaum, P.C. in Warren, Somerset County (908-757-7800) and Clifton, Passaic County (973-458-9174). Jeff has been a member of the New Jersey Bar since 1982 and has been a columnist for Jersey Insider since 2005. He was the host of the game show “In the Know” and host and producer of the television show “Close Up”. He can be reached at jrpmomeo@newjerseylaw.net.

The Rider

Before entering the driver’s personal vehicle, a rider is entitled to receive from the company the rates being charged by the driver, as well as, an estimated fare.

Through its website or digital network, a rider is entitled to receive a picture of the driver and his license plate number.

Within 48 hours after the ride, a rider is entitled to receive an electronic receipt which contains the starting and ending points of the ride; the total time and distance traveled and an itemization of the fare paid.

Conclusion

According to a recent article in NorthJersey.com, Uber reported that since it started doing business in New Jersey in 2013, it had logged millions of rides and signed up more than 13,000 drivers and

Under New Jersey’s Ride-Hailing Law, Drivers Have Rights and Responsibilities

BY JEFFREY W. POMPEO, ESQ.

- Must be at least 21 years old.
- Must be permitted to “opt out” of any communication with the company, in other words, not be available to transport riders provided by the company.
- May establish an independent business while “engaging with the … company’s digital network”.
- May operate in any municipality in the State without prior notice to the company.
- May utilize another company’s digital network, that is, pick up riders through a competitor.
- Must comply with laws regarding nondiscrimination against riders and potential riders.
- Must comply with laws relating to accommodation of service animals.
- Must meet all motor vehicle inspection requirements as to his personal vehicle.
- Must display in his personal vehicle an identifying marker created by the company, such as a company logo.
Styertown Shopping Center
One of Clifton’s Original Shopping Centers

Since 1950 Styertowne Shopping Center, located on Bloomfield Avenue in Clifton, has been meeting and exceeding the needs and expectations of shoppers in the community and commuters alike. Combining the convenience of a neighborhood shopping center with many of the same major chain stores that you would find in large-scale malls, Styertowne offers shoppers everything from top-brand name retail stores to family dining.

Aerial view of Styertown Shopping Center and the Allwood Circle circa 1950

Retail
Restaurants
Office Suites
Styertown Center Has it All
For Information call 973-591-5222

1051 Bloomfield Avenue at Route 3, Clifton, NJ 07012
The Clifton Health Department will be offering a FREE Oral Cancer Screening for residents of Clifton and Little Falls on Wednesday, April 5th, from 10am-12pm at the Clifton Health Department, located at 900 Clifton Avenue, 2nd Floor. Dr. Dena Constandelis, DMD, will be conducting the screening and will be seeing patients by appointment only. Please call Barbara Luzniak, BSN, RN, at 973-470-5776 to make your appointment. An examination of the lips, gums, mouth, and throat for sores, lumps, and other early warning signs of oral cancer will be conducted during this screening. Anyone who has ever used tobacco and/or alcohol, or anyone 20 years of age and older are strongly encouraged to sign up for this screening.

Oral cancer affects the lips, tongue, mouth, and throat. It impacts nearly 30,000 people each year, claiming the lives of about 8,000 individuals annually. It is approximately twice as common in men as in women and the likelihood of developing oral cancer increases with age. The major risk factors for oral cancer are tobacco use and alcohol abuse, which account for about 75% of all oral and pharyngeal cancers in the United States. Your risk for oral cancer also depends on how much tobacco or alcohol is consumed; heavy smokers who smoke more than one pack of cigarettes a day are 24 times more likely to develop oral cancer than people who do not smoke.

Signs and symptoms for oral cancer include a mouth sore that doesn’t heal, a white or reddish patch on the inside of your mouth, loose teeth, poorly fitting dentures, tongue pain, jaw pain or stiffness, difficult or painful chewing or swallowing, sore throat, a feeling that something is caught in your throat, weight loss, and constant bad breath.

Although the majority of oral cancers occur in individuals 62 years of age and older, an increasing number of people are being diagnosed with the disease. In its earliest, most treatable stages, oral cancer may be painless and go unnoticed. An oral cancer exam can help detect oral cancer in its earliest stages when treatment will be most effective. In addition to oral cancer screening, other tips for improving your oral health and preventing oral cancer are to minimize or avoid smoking or other tobacco use, minimize or avoid alcohol use, practice good oral hygiene, and have dental problems corrected as soon as possible.

Ernest Scheiderman at the Library

The Friends of the Clifton Library, in conjunction with the Clifton Centennial Celebration is sponsoring a talk by Ernest J Scheidemann, who has a longtime affiliation with Clifton. Mr. Scheidemann will be reading a selection of writings by his father, Ernest T. Scheidemann. The program will be held on Tuesday April 18, 2017 at 7PM at the Clifton Main Memorial Library 292 Piaget Avenue following a brief business meeting for the Friends.
Cuellar Family Markets’ ShopRite Wines and Spirits, located in the former Path Mark location at the corner of Clifton and Paulison Avenues is quickly becoming known as the Clifton destination and “one stop for all your party planning and gift needs.” They have a huge selection of wine, cold beer, liquor, mixers, snacks and party supplies.

They also have a wine education center, gift center with engraving services and a room sized humidor.

ShopRite Wines and Spirits will be offering great wine tastings throughout the month be sure to stop in for the most up to date schedule.

ShopRite Wines and Spirits is a New Jersey Lottery Retailer!

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**ShopRite Wines and Spirits**

**Your One Destination for Wine, Beer, Liquor and Personalized Gifts, Perfect For Any Occasion!**

---

**Wine and Liquor Tastings Through-out the Month. . . Stop in the Store For up to the Minute Details!**

---

**Sample the Great Wines of Josh Cellars! Saturday March 25th 4pm to 7pm**

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**Wine Cold Beer Liquor Walk in Humidor Gift Center Wine Classes Snacks NJ Lottery**

---

**Gift Center Designer Raul Almendariz displays how you could send a personalized message to that special someone.**

---

**Josh Wine Tasting March 25th.**

---

**Simi Manager’s Special Blowout Event While Supplies Last!**

---

**Raul with a special creation for Clifton’s 100th Celebration**

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895 Paulison Avenue, Clifton - 973-883-1017 - Mon - Thurs: 9am - 9pm / Fri - Sat 9am - 10pm / Sun 10am - 7pm
Consumer Affairs Consolidation
Continued from page 1

Bergen County’s Department of Public Safety. The agreement increases efficiencies, saves tax dollars, and provides a higher level of consumer protection for the residents of Passaic County through enforcement of the Consumer Fraud Act. The Division of Consumer Affairs is responsible for ensuring businesses comply with laws and regulations designed to protect consumers from unfair practices.

“Bergen County has one of the best equipped and best trained Consumer Protection Divisions in the State, thanks to our investments into that Division over the last two years,” said Bergen County Executive Jim Tedesco. “Bergen County officials are often required to cross county lines, such as when businesses move, or when a resident makes a complaint from a store outside Bergen County. This agreement will optimize the efficiency of our Consumer Affairs Division, while saving taxpayer dollars.”

Under this agreement, Bergen County would assume the responsibility of providing service to the citizens of Passaic County. In return, Bergen County will recieve 75% of all revenues received from fines and penalties. This decision a result of Bergen County’s investment to their agency, which added new investigators, bringing their total number to thirteen (13), compared to the two (2) employees Passaic County has on staff. This new shared service agreement, created under New Jersey’s Uniform Shared Services and Consolidation Act, is one of many cost saving agreements initiated by Passaic County.

Dog and Cat Rabies Clinic

The Clifton Health Department will be holding its annual spring Rabies Clinic in Clifton on:

- Tuesday, April 4, for Dogs (Free) from 6 to 8:00pm
- Saturday, April 8, for Dogs (Free) from 1 to 12:00pm
- Tuesday, April 25, Cats ($5.00) from 6 to 7:00pm
- Tuesday, April 25, Dogs (Free) from 7 to 8:00pm

PJS

Rabies Clinic

Clifton's Department of Public Health will be holding an annual spring Rabies Clinic in Clifton on:

- Tuesday, April 4, for Dogs (Free) from 6 to 8:00pm
- Saturday, April 8, for Dogs (Free) from 1 to 12:00pm
- Tuesday, April 25, Cats ($5.00) from 6 to 7:00pm
- Tuesday, April 25, Dogs (Free) from 7 to 8:00pm

All at the Department of Public Works, 307 E 7th St., Clifton. There will be a clinic in Little Falls on Tuesday, May 2, for Dogs & Cats from 6 to 8:00pm at the Department of Public Works, 70 Sindle Ave., Little Falls.

The clinics are open to all residents of New Jersey. Law requires that all dogs be vaccinated against rabies. Clifton requires that dogs over six months of age be licensed. Little Falls requires that dogs and cats over six months of age be licensed. You must show proof of rabies vaccination in order to obtain a license. Dogs must be on a leash and cats must be in a carrier when they are brought to the clinic. Dog licenses will be available to purchase during the clinic for Clifton & Little Falls residents.

The NJDOH recommends revaccination of dogs and cats prior to expiration of the previous vaccination. Some animals may need to be revaccinated before the duration of immunity expires in order to qualify for re-licensure.

Ongoing prevention of rabies is an important public health measure.

Prayer to the Blessed Virgin

Never known to fail: Oh most beautiful flower of Mt. Carmel, fruitful vine, splendor of heaven, Blessed Mother of the Son of God, immaculate Virgin assist me in my necessity. Oh, Star of the Sea, help me, show me herein, you are my mother Oh holy Mary, Mother of God, Queen of Heaven and Earth. I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh show me herein you are my mother. Oh Mary, conceived without sin, pray for us who have recourse to thee. Holy Mother I place this cause in your hands. (3x) Holy Spirit, you who solve all problems, light all roads so that I can attain my goal. You who gave me the divine gift to forgive and forget all evil against me; that in all instances in my life you are with me. I want this short prayer to thank you for all things and confirm once again that I never want to be separated from you even in spite of material illusions. I wish to be with you in eternal joy and thank you for you mercy toward me and mine.

The person must say this prayer for three consecutive days, after three days the favor requested will be granted, even if it seems difficult. The prayer must be published immediately after the favor is granted without mention of the favor only your initials should appear at the bottom. PJS

St. Philip’s K of C has join Anthony’s Coal Fired Pizza in Helping Citizens with Special Needs & Disabilities.

Date: Tuesday, April 4th
Where: Anthony’s Coal Fired Pizza. 852 Route 3 West – The Promenade-Clifton (973) 471-2625
Lunch, Dinner and Take out 20% of checks value excluding tax & tip will go to benefit Citizens with Disabilities located in the City of Clifton

Clifton Public Library presents:
A Creative Coloring Group for 2017
At Clifton’s Main Memorial Library
292 Piaget Ave. 973-772-5500

Please join us for an ongoing, unstructured creative coloring group.
Meets 1:30-3pm on Thursdays, once a month.
Coloring sheets, crayons, markers, pencils will be supplied.

Future dates:
April 13 - May 11 June 8 - July 13 - Aug 10
Sept. 14 - Oct. 12 Nov. 9 - Dec 14

www.cliftonpl.org For information on or directions to the Library, please phone 973-772-5500 ext. 3009 or visit www.cliftonpl.org.
Nature in Your Backyard

By Don Torino

Decline of the Wood-Thrush and How we Can Help . . .

There is no more beautiful sound in the forest than the Wood-Thrush. The magical flute like sound that echoes at dawn throughout the woods of the northeast in spring and summer may soon be no more. Those signature notes of the woods have been fast disappearing to the point where New Jersey Fish & Wildlife has declared the Wood-Thrush a species of “Special concern.”

The consummate musician of New Jersey’s forests, the Wood-Thrush, according to Cornell’s “All About Birds” sings “internal duets” with itself. In the final trilling phrase of its three-part song, it sings pairs of notes simultaneously, one in each branch of its y-shaped syrinx, or voice box. The two parts harmonize with each other to produce a haunting, ventriloquial sound.

Sadly the numbers of Wood-Thrush inhabiting our wooded areas have seriously declined in recent decades. Multiple factors such as habitat loss and forest fragmentation are the leading problems since the Wood-Thrush needs large areas of unbroken forest.

Continued on Page 10
Prime Time for Eagles
continued from page 7

with closed tree canopies to
breed successfully. Forest
fragmentation leaves nests
vulnerable to predation as
well as nest parasitism (other
birds inhabiting their nests)
by brown-headed cowbirds.
Habitat loss within their win-
ter range in Mexico and Cen-
tral America has been dra-
matic in recent years adding
to population stress on this
crime little bird.

Another factor contrib-
uting to the Wood Thrush’s
decline is that it requires 10
to 15 times as much calcium
to lay a clutch of eggs as a
“Species of Special Concern”.
This designation applies to a
species that warrant special
attention because there is ev-
idence of decline and vulner-
ability as a result of environ-
mental deterioration. This
environmental deterioration
may result in them becoming
a threatened or endangered
species. Many believe the
Wood Thrush may be, as we
speak, headed to the States
Endangered species list.

The Wood Thrush makes
an amazing migration in
both the spring and the fall.
They travel 1250 miles each
way and cross the Gulf of
Mexico in a nonstop flight.
This migration takes an
enormous amount of energy.
On their arrival they seek
native plants in search of cat-
terpillars, spiders, and other
insects. Once in the nesting
woodlands, females will look
for snails for calcium and
from April to late summer
they will hunt under leaves
for whatever insects they can
find. The Wood Thrush also
depend on the berries of na-
tive plants. Mother nature
times things precisely and
the plants bear their fruit at
exactly the right time and
have much more nutrition-
val values than non-native
plants.

What we can do

to help

1) PROTECT OPEN SPACE
-We all need to be sure our
State and local governments
through open space initia-
tives work to protect and pre-
serve Preservation of large
areas of intact woodland
habitat that will enable the
wood thrush to breed and
raise offspring much more
successfully.

2) PLANT NATIVE PLANTS
-by planting natives such as
spicebush, blueberry, Amer-
can Holly, Elderberry, Jack
in the Pulpit, and Vir-
ginia Creeper among oth-
ers you can help the Wood
thrush as it stops in your
back yard to find berries and
insects.

3) LEAVE THE LEAVES!
This is very important to
many species of birds, but-
terflies and pollinators. Use
leaf mulch for your plants,
and allow late years leaves to
remain in parts of your yard,
this is vital for birds like the
Wood-Thrush to find the
food it needs to survive.

4) Create a Bergen County
Audubon Certified wildlife
garden. This is a free program
that works to create and reg-
ister, backyards, schoolyards
and business's, wildlife habi-
tat that make stepping-stones
to help birds like the Wood
Thrush migrate and survive.
For more info: http://www.
bergencountyaudubon.org/cwg/

The Wood-Thrush is a re-
markable creature, its won-
derful song and incredible
migration need to be protect-
ed. I can only hope and pray
that our future generations
will grow up and continue
to have the privilege of hear-
ing the music of the Wood
Thrush in the forests of New
Jersey.
For more info on the Wood-
Thrush go to: http://www.
audubon.org/field-guide/
bird/wood-thrush

St Philip Kof C Host Premier
Fish & Chips Dinner

St. Philip the Apostle Knights
of Columbus Fish & Chips
Dinner

St. Philip the Apostle Knights
of Columbus Council 11671
is sponsoring a Fish & Chips
dinner on Friday March 31,
from 6:00pm to 8:00pm in
the St. Philip the Apostle
Prep School Auditorium.
Tickets must be purchased in
advance and are $15.00 each.
Dinner includes Fish, Chips,
Coleslaw, coffee, tea, water
or soda and dessert. Beer
and wine are also available.
Take out orders are available.
Fried chicken dinners are
also available. Children’s por-
tions (under 10) are $12.00.
A 50/50 raffle will also be
held, the winner need not
be present. For tickets and/
or information contact, Mike
Cervine (973)220-3095, Rich
Donkersloot (973)650-3327
or Mike Andolino (201)953-
4724
Assemblyman Thomas P. Giblin would like to remind all of his constituents that their suggestions are very important to him. Many ideas for the creation of New Jersey Laws come from citizens of all walks of life. If you have an idea for new legislation that would benefit this state, please do not hesitate to share your thoughts with his Legislative office at 973-779-3125 or e-mail us at AsmGiblin@njleg.org.

It is truly his privilege to serve the people of the 34th Legislative District.

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